

Discussion Guide for Ephesians 1:3-6

1. Read Ephesians 1:3-6

What parts of the lesson did you find helpful, enlightening or troubling?

2. Despite our sinfulness, God the Father has chosen us to be declared “not guilty” in His courtroom. (Ephesians 1:3-4)

Read Romans 3:23-25

In what ways does God’s forgiveness create spiritual humility in us?

Read 2 Timothy 2:24–26

How can we show our spiritual humility in the way that we treat unbelievers?

Read 1 Peter 5:5-7

How can we show our spiritual humility in the way that we treat our fellow Christians?

3. Despite the great cost to Himself, God the Father chose us to be His adopted children. (Ephesians 1:5-6)

Read Romans 5:6-11 and 1 John 4:7-12

What was the great cost that God the Father had to pay to adopt us?

What are some ways that we can show God that we are grateful for His sacrifice?

What are ways that we can show other people that we are grateful for God’s sacrifice?