

## Discussion Guide for Colossians 1:9-12

### 1. Read Colossians 1:19-12 and briefly review the sermon outline.

(Outline review target time is five minutes or less.)

What parts of Saturday's lesson did you find helpful, enlightening, unclear, or troubling?

**2. Truth:** God has unlimited power to give us so that we can have endurance and patience for the Christian life. He even intends to throw in joy and thankfulness on top. One important way to receive strength directly from God is by depending on Him in personal prayer.

Despite our assent to the importance of prayer, many of us are so busy or exhausted that we do not make time to pray.

What do you think about the statement, "I am too busy not to pray."

### Matthew 6:5-15

What relationship does God want us to focus on in 6:5-6?

How are you encouraged by 6:7-8?

What are some aspects of Jesus' example of a simple prayer in 6:9-13?

Why do you think that Jesus adds 6:14-15?

### Read Philippians 4:4-7

How have you experienced prayer enhance your thankfulness?

How have you experienced prayer quiet your worry and anxiety?

How might prayer change our attitudes of bitterness or anger?

How does prayer adjust our impatience?

How does prayer change our perspective on our challenges?