

Discussion Guide for Ephesians 4:25-32

1. Read Ephesians 4:28-32 and briefly review the sermon outline.

What parts of Saturday's lesson did you find helpful, enlightening, unclear or troubling?

2. Truth: God calls us to use our words to build up the people around us and help them keep moving forward towards spiritual maturity.

Read James 3:1-10

How does God describe the power of the tongue?

Share a time when someone powerfully impacted you by something they said.

How can this power destroy if the tongue is not used wisely?

Read Proverbs 15:1-28

Which proverb mentions verbal communication?

What do we learn about the foolish or evil use of our mouths?

What do we learn about the wise use of our mouths?

Read Ephesians 5:17-21

What ways of speaking demonstrate that we are controlled by the Holy Spirit?

How might God use your Spirit-controlled speech to impact the people around you?

Share a time when someone powerfully impacted you by their Spirit-controlled speech.