

Discussion Guide for Hebrews 12:1-2

“Faith Shapes Up”

Read Hebrews 12:1-2 and then briefly review the sermon outline.

(Outline review target time is five minutes or less.)

What parts of Saturday’s lesson did you find helpful, enlightening, unclear, or troubling?

Truth: "To make our faith strong, we must consider the Christ who both persevered Himself and preserves the saints."

1. What OT story of faith that has particularly encouraged you and strengthened your faith? Why? Share with the group.
2. Speaking of yourself, and not others in general, what are some “weights” that have hindered your spiritual growth or are now impeding your faith? What is the first thing you should do to remove that impediment?
3. Jesus is the pioneer of the life of fruitful obedience God. Read the first section of Jesus’ prayer in John 17:1-5. What was Jesus thinking about before his greatest test. How can that help you?
4. Why is the lack of joy in a Christian’s life a dangerous sign? Can a believer be truly without joy and hope? How should we counsel someone who seems frequently to struggle to find joy?