

Discussion Guide for Philippians 4:4-7

1. Read Philippians 4:2-7 and briefly review the sermon outline.

The target time is five minutes.

What parts of Saturday's lesson did you find helpful, enlightening, unclear or troubling?

2. Truth: Life's conflicts, struggles and stresses are assured and threaten to kill our joy. Many of our problems are caused by people acting unjustly and God tells us to relax knowing that He is a just judge. This frees us to keep our minds from anxiety or anger and keep our joy in the midst of unjust conflict. Relaxing in the face of injustice is different than being apathetic. So what can we do?

Read Psalms 82:3-4

Does God care about injustice?

What does God call us to do to help weak and vulnerable people?

Read Romans 12:9-20

What aspects of injustice are mentioned in the text?

How are we to personally respond to the unjust man?

How are we to respond to the person being treated unjustly?

Why is helping the victim more profitable than seeking vengeance?

How will God respond to the unjust man?

How does God's response comfort us in the face of injustice?

How does God's response release us to relax, put away anger and exercise kindness, compassion and forgiveness?