

## Discussion Guide for Training Part 1

**1. Read Ephesians 4:11-16 and briefly review the sermon outline. Outline review target time is five minutes or less.**

What parts of Saturday's lesson did you find helpful, enlightening, unclear or troubling?

**2. Truth:** We need God's help and the help of other Christians around us to keep making progress toward spiritual maturity.

### **Read Ephesians 4:11-16**

How does God use the Christians around us to help us in our progress toward spiritual maturity?

How can we put ourselves in the best position to be helped by our fellow Christians?

What attitudes best invite others to speak truth into our lives?

### **Read Proverbs Chapter 7**

What were the deceptions that the temptress used to lure the fool into sin?

What thinking or activities made the young man vulnerable to temptation?

How do you think his path could have been altered if he had a Christian friend speaking truth into his life?

### **Read Hebrews 3:12-13**

What are the warnings of this passage?

How does God want us to help one another?